



Pilates for Youth

For ages 11-14 years

Tuesday, Jan. 10-March 7

5:00-5:45pm

Yoga for Youth

For ages 11-14 years

Thursday, Jan. 12-March 9

7:00-8:00pm

Badminton for Youth

For ages 11-18 years

Wednesday, Feb. 15-March 8

4:45-5:45pm

Port Moody Recreation Complex
300 Ioco Road, Port Moody, BC
604.469.4556 | www.portmoody.ca/recreation